



Direct Primary Care Membership

Essential DPC

Everyday primary care

\$130/mo

Includes:

- ✓ Unlimited office visits
- ✓ Same-day / next-day appts*
- ✓ Telehealth visits
- ✓ Secure patient messaging
- ✓ Annual wellness exam
- ✓ Chronic disease management
- ✓ Preventive care
- ✓ Rx management & refills
- ✓ Specialist referral coordination
- ✓ Discounted laboratory pricing

*when available

What This Means For You

- ✓ More time with your provider
- ✓ 48-Hour Guaranteed Follow Up
- ✓ Same-day and next-day appointments
- ✓ Direct access to your care team
- ✓ No surprise bills
- ✓ Care built around you
- ✓ A team that knows your name
- ✓ Same Care, Same Team



Ortega Wellness

COMPREHENSIVE MEDICAL CARE

www.ortegawellness.com



Ortega Wellness

Membership Benefits Summary

Personalized healthcare,
transparent pricing, no insurance
hassles.

And more time with your
provider!



FEATURED MEMBERSHIP

Premium Wellness — \$250/mo

Rio Rancho: 505.225.7040

Albuquerque: 505.340.0406

ORTEGAWELLNESS.COM

Membership Information

Every membership includes

- ✓ Unlimited primary care visits
- ✓ Telehealth & secure messaging
- ✓ Same-day / next-day scheduling*
- ✓ Preventive & chronic care
- ✓ Prescription management & refills
- ✓ Specialist referral coordination
- ✓ Discounted laboratory pricing

Membership Policies

- 6-month minimum commitment
- Auto-charged on the 1st or 15th
- Valid credit card or ACH required
- +\$20/mo controlled substance fee
- Excludes medications, labs, imaging, specialists & hospital services



*48-Hour Guaranteed Follow Up
from Your Provider*

No more waiting for answers.

★ MOST POPULAR

Premium Wellness Membership

\$250 / month

Primary care, hormone optimization
& medically supervised weight
management — one program.

Includes Everything in Essential DPC, Plus:

Primary Care & Wellness

- Quarterly wellness visits
- Annual Fit 3D body composition
- Personalized health plan
- Preventive screening review
- Nutrition & lifestyle coaching
- Priority scheduling

Hormone Optimization

- Comprehensive hormone evaluation
- Symptom monitoring & follow-ups
- Therapy mgmt when appropriate
- Full hormone & thyroid panel

Medical Weight Management

- Metabolic evaluation
- Monthly follow-up visits
- Weight-loss medication management*
- Progress monitoring & support

★ Best for

Patients wanting one program for
prevention, metabolic health,
hormones & healthy aging.

*50% off labs annually & free post-pellet labs
(Access). Labs, meds & pellet therapy billed
separately.

Specialty & Family Programs

Specialty Programs

Add to your DPC membership or select
stand-alone.

● **Hormone Optimization** **from \$179/mo**
Evaluation, monitoring, medication
management.

● **Medical Weight Mgmt** **from \$179/mo**
Metabolic eval, coaching, quarterly Fit 3D

● **Peptide Therapy** **from \$149/mo**
Personalized plan, dose adjustments,
support.

Household & Family Pricing

Couples — Essential DPC	\$229/mo
Couples — Premium Wellness	\$449/mo
Family (3+) — Essential, adult	\$99/mo
Family (3+) — Premium, adult	\$199/mo
Family (3+) — child under 18	\$70/mo
Senior 65+ — Essential DPC	\$110/mo
Senior 65+ — Premium Wellness	\$220/mo

Self-pay visits also available for non-members — call for current pricing.

*Same team you know.
now with more time to care for you.*

